

# Adverbs of Frequency



Say the statements in another way by using adverbs of frequency

1. I exercise on Mondays and Fridays.

I exercise twice a week.

2. I eat in the morning, in the afternoon, and at night.

\_\_\_\_\_.

3. I visit my parents one day each month because they live very far away.

\_\_\_\_\_.

4. I have to work from Monday to Friday.

\_\_\_\_\_.

5. I like to stretch in the mornings and afternoons after lunch.

\_\_\_\_\_.

6. My family visits me only in December.

\_\_\_\_\_.

7. I have to take a shower from Monday to Sunday.

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