How Fresh Is Your Fruit?

Look at the article. Click on the correct answers. There may be more than one correct answer.

How Fresh Is Your Fruit?

Most people need to eat at least two pieces of fruit every day to be healthy. Apples, bananas, and grapes are the most popular kinds of fresh fruit in the U.S. People like these kinds of fruit the most.



Map: Where Is Fruit from?
Some popular fruits are from the U.S. Some are from other countries.

Apples

Most apples in the U.S. are from the state of Washington. 60% of the apples in the U.S. are from Washington. New Hampshire, New York, and West Virginia also have a lot of apples.

Apples are most fresh from August to October. But people buy apples all year. Stores keep apples in the refrigerator for a long time, like 10 months. The refrigerator makes apples taste fresh, even when they are old.

Grapes

87% of grapes in the U.S. are from California. Washington and New York also have grapes. Most people eat about eight pounds of grapes in a year.



Caption: Grapes are a popular fruit.

Bananas

Latin America has the most bananas in the world. 94% of bananas in the U.S. are from Latin America. The U.S. buys most bananas from Guatemala and Ecuador. Most people in the U.S. eat about 26 pounds of bananas every year.

Fresh Fruit

Most people do not know how fresh their fruit is. Fruit is not fresh when it travels many miles, like from Guatemala to the U.S. Fruit is not fresh when it is in the refrigerator for a long time.

How fresh is your fruit? Where is it from?

1 What is in the article?

a. A title

b. A graph

c. Information

d. A caption

e. A map

2 What are the headings?

a. How Fresh Is Your Fruit?

b. Apples

c. Grapes

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d. Bananas

e. Fresh Fruit

3 What is in the photo?

a. A person

b. A store

c. A family

d. Fruit

e. An office

4 What do you think the article is about?

a. Food

b. Shopping

c. Families

d. Fresh fruit

e. Apartments

What is the main idea of the article?

a. Most people eat 8 pounds of grapes in a year.

b. 60% of the apples in the U.S. are from Washington.

c. Popular fruit in the U.S. comes from different places.

Read the article again. Answer the questions with details from the article.

1 Fresh fruit helps people _____.

a. travel many miles

b. stay healthy

c. use the refrigerator

2 Most apples in the U.S. are from _____.

a. Washington

b. New Hampshire

c. West Virginia

3 _____ of bananas in the U.S. are from Latin America.

a. 60%

b. 80%

c. 94%

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Choose the correct answer.

1 (Lines 1–2) "Most people need to eat at least two pieces of fruit every day to be healthy." _____ are two pieces of fruit.

a. Eight pounds of grapes

b. An apple and a banana

c. 26 pounds of bananas

2 (Lines 2-5) "Apples, bananas, and grapes are the most popular kinds of fresh fruit in the U.S. People like these kinds of fruit the most." Popular fruit is _____.

a. in the refrigerator for a long time

b. always from Guatemala

c. fruit that people eat a lot

3 (Lines 14-15) "The refrigerator makes apples taste fresh, even when they are old." What does this sentence mean?

a. Apples are popular because they are always fresh.

b. People like to put apples in the refrigerator.

c. People often think apples are fresh, but they are not.

Read the fragments of the article again. Then choose the correct answer.

1 (Lines 1-2) "Most people need to eat at least two pieces of fruit every day to be healthy." This sentence means that fruit _____.

a. tastes better than vegetables

b. is good for people

c. is the best breakfast

2 (Lines 11-15) "Apples are most fresh from August to October. But people buy apples all year. Stores keep apples in the refrigerator for a long time, like 10 months. The refrigerator makes apples taste fresh, even when they are old." Stores put apples in the refrigerator because _____.

a. it makes them taste good for longer

b. stores have big refrigerators

c. most people like cold apples

3 (Lines 19-20) "Most people eat about eight pounds of grapes in a year." This means that grapes in the U.S. are _____.

a. old

b. healthy

c. popular

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