

Access Health

Unit 1 Vocabulary Matching

Vocabulary Word & Picture Representation	Definition & Picture Representation
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Emotions ☐

☐ How you see feel about yourself

Communication ☐

☐ The feeling that you must do something because your friends are asking

Self-Esteem ☐

☐ Feelings - Happy, sad, mad, frustrated, scared etc.

Stress ☐

☐ Sharing thoughts and feelings

Peer Pressure ☐

☐ Doing what you should

Bullying ☐

☐ The way your body responds to pressure

Responsible ☐

☐ Repeated acts meant to hurt someone physical and/or emotionally