

# Listening: Fight or Flight: What happens when you are scared



Listen and select True or False

1. Adrenaline is an hormone. \_\_\_\_\_
2. Your body can produce adrenaline when you are relaxed. \_\_\_\_\_
3. Adrenaline can give you extra energy. \_\_\_\_\_
4. Breathing quickly can be a reaction to fear. \_\_\_\_\_
5. Adrenaline's effects are very long. \_\_\_\_\_
6. Effects of adrenaline were discovered in the Prehistory. \_\_\_\_\_
7. Not all effects of adrenaline are intense. \_\_\_\_\_
8. The effects of adrenaline can make you move slowly. \_\_\_\_\_

Which of the following CANNOT make you feel a rush of adrenaline: \_\_\_\_\_

