USE OF ENGLISH UNIT 5 RELATIONSHIPS

1 USE OF ENGLISH Read the text and complete the gaps. Choose a, b, c or d.

[1] >< has a book been credited so much with changing the way people deal with each other. In print for over eighty years, *How to Win Friends and Influence People*, by Dale Carnegie, is packed with tips on how to improve your relationships and interactions with others. The book puts a big emphasis on the importance of positivity. It recommends [2] >< giving in to the temptation to say something negative and always finding something positive to say instead. If you have to criticise someone, try starting and finishing the conversation with some positive comments. [3] >< way of blunting the criticism is mentioning your own faults and mistakes in the same area.

Carnegie also has some practical suggestions for making friends. He suggests remembering and using people's names in conversation, and also asking lots of questions and really listening to the answers. Showing an interest and curiosity about people [4] >< them and makes you a more appealing conversationalist. And never underestimate the power of an open, sincere compliment. It shows you value what is unique and special about that person. Inevitably, you come across people who you [5] >< with. Carnegie firmly believes that you should, under no circumstances, try and win an argument. Show the person respect and never tell them they are wrong. The book's main message is that, if you want to be liked, feel important and have people look [6] >< to you, ensure you make others feel important first!

1	a No sooner	b Hardly	c Rarely	d Not only
2	a never	b nowhere	c in no way	d before
3	a Each	b Other	c Some	d Another
4	a insults	b flatters	c praises	d warns
5	a feel sorry	b aren't on the same wavelength	c don't see eye to eye	d are wary
6	a down	b up	c on	d after

USE OF ENGLISH **Complete the text with one word in each gap.**

Today, we are constantly sending each other tweets, texts, emails and photos, but at [1] >< other time in history have people reported such high levels of loneliness. [2] >< recent study found that, although the average young person has 237 online friends, only two of them would be people who they could turn to with a serious problem. A different study, carried out by researchers at the University of Pittsburgh, found that the more time people spent on social media, the higher the levels of social isolation they reported. One of [3] >< most serious consequences of loneliness is on health. [4] >< only does loneliness have a negative impact on your mental wellbeing, it also affects you physically. A lack of real-life social connections is as damaging to a person's health as smoking fifteen cigarettes a day. So, what can be done? Well, many [5] >< the solutions involve limiting time spent on social media. If this is difficult, there are apps that help you measure and manage your phone use. Then join a club, or ask someone out for a coffee. The main thing is to find people you have a lot [6] >< common with and spend time with them – in real life!

1	2	3	4	5	6