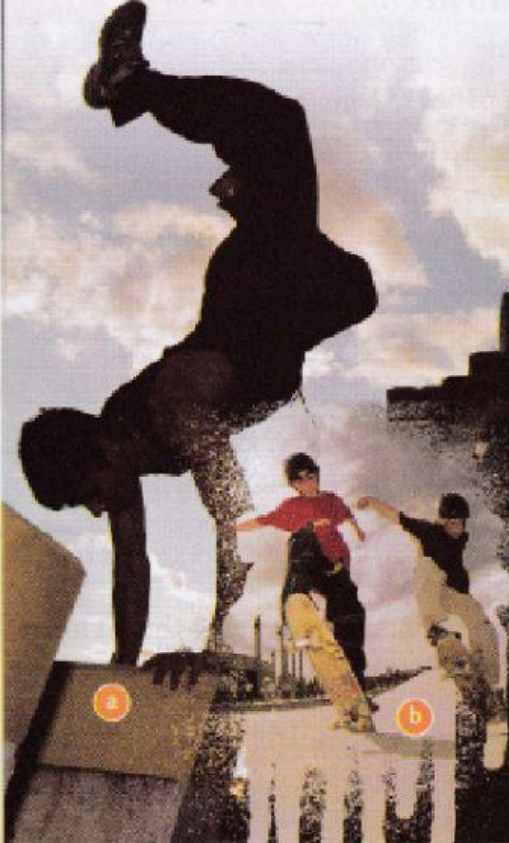


Name:

Class:



URBAN SPORTS:

A TEEN PERSPECTIVE

DO YOU LIVE IN A CITY?
Do you want something exciting to do in your spare time?
17-year-old Jon Harrison tells us why urban sports are just what you're looking for.

REPORTER First of all, what are urban sports?
JON Activities like skateboarding, BMX biking, scootering and parkour (free running).
REPORTER Who does them?
JON Teenagers and people in their 20s, mainly. Most people who do urban sports want to have fun with their friends and do something active.
REPORTER Where do they practise?
JON Anywhere! You don't need any special facilities for urban sports. You can jump or skateboard over walls, and cycle down steps. Every city has these things – and they're free!
REPORTER Do you need any special equipment?
JON Depending on the sport, you need a skateboard, BMX bike or scooter and a helmet. Parkour is the only urban sport that you can do without any equipment.
REPORTER What do you wear?
JON We wear jeans or shorts, a T-shirt and trainers!
REPORTER Are urban sports dangerous?
JON That depends. Accidents happen when people try to do dangerous things. It's important to know what you can – and can't – do.
REPORTER Are there urban sport competitions?
JON Yes, there are.
REPORTER Do girls do urban sports?
JON Yes! Lots of girls are getting interested in them now. They are often as good as boys, or better!

Word check
urban facilities equipment helmet competitive

DID YOU KNOW?
21st June is Go Skateboarding Day. Skateboarders all over the world celebrate the sport!

Exercise 1

Read and listen to the interview. Are the sentences **TRUE** or **FALSE**?

Write T for true and F for false.

1. 25-year-olds don't do urban sports.
2. You can do urban sports in any city.
3. You need a helmet for all urban sports.
4. Accidents happen for a reason.
5. You can take part in parkour competitions.
6. Boys are better at urban sports than girls.



Exercise 2

Read the interview again and answer the questions.

- 1. How many urban sports does Jon mention?**
- 2. Why do people do urban sports?**
- 3. Why are urban sports easier to practise than other sports?**
- 4. What makes parkour different from other urban sports?**
- 5. What clothes do people wear for urban sports?**

Exercise 3

Do you prefer doing competitive sports or non-competitive sports? Why?

I prefer doing competitive / non-competitive sports because...

Write your answer here: