3 Adjectives ending in *-ing* and *-ed*

Some common adjectives are formed from verbs and have both *-ing* and *-ed* forms.

We use the *-ed* form to describe our feelings:
*I'm **tired**.* (= a description of how I feel: I've used up all my energy so I need a rest)

We use the *-ing* form to describe the things which make us feel like this:
*This work is **tiring**.* (= a description of the work: it takes a lot of energy to do it)

Compare these sentences:


I'm tired.


It's tiring.

*It's a **boring** film.* (= there's no action in it)	*The visitors are **bored**.* (= they have nothing to do)
*We had a **relaxing** holiday.* (= the atmosphere was restful)	*Good driving instructors always have a **relaxed** manner.* (= they don't seem nervous)
*That was a very **satisfying** meal.* (= there was plenty to eat)	*The airline has many **satisfied** customers.* (= the customers feel happy)

Choose the correct adjectives in these sentences.

1 I was really *boring* / *bored* on holiday. There was nothing to do.
2 Last night's show was really *disappointing* / *disappointed* – we wasted our money.
3 We were very *surprising* / *surprised* when we got to the hotel and it was closed.
4 Tom was so *exciting* / *excited* when he received your letter with the good news.
5 He hated talking in public so he felt very *worrying* / *worried* about giving a speech.
6 Rahim gave me a ride on his motorbike. It was absolutely *terrifying* / *terrified*.
7 I didn't find the holiday *relaxing* / *relaxed* because my friend wanted us to go out all the time.

Vocabulary note

Many adjectives for feelings can also be followed by **(that) + subject + verb** or **infinitive (to ...)**:
Maria was sorry (that) she had missed the party.
Maria was pleased to get the invitation.

Choose the correct adjectives.

1 James told us some *fascinating* / *fascinated* stories about the music business.
2 Why are you looking so *depressing* / *depressed*? What's wrong?
3 Sarah's got an *amazing* / *amazed* collection of computer games.
4 Felix has this really *annoying* / *annoyed* habit of reading my emails.
5 The *boring* / *bored* students started causing trouble in class.
6 I watched the show for a while, but it wasn't really *interesting* / *interested*, so I left.
7 The food in this canteen is absolutely *disgusting* / *disgusted*.
8 The astronaut gave a *relaxing* / *relaxed* wave and entered the space capsule.

LIVEWORKSHEETS

Complete these tables.

Noun	fear	amazement	_____	_____	annoyance	_____
Verb	frighten	_____	_____	_____	_____	excite
Adjective	frightening frightened	_____ _____	embarrassing embarrassed	pleasing pleased	_____ _____	exciting excited

Noun	depression	_____	pride	anxiety	misery	_____
Adjective	_____ _____	angry	_____	_____	_____	jealous

EP Complete the words to form adjectives with *-ed* or *-ing*.

1 He's an amaz..... person; he's not afraid to do anything.

2 Joseph can be really irritat..... when he's in a silly mood.

3 I'm not interest..... in learning to drive.

4 It was really embarrass..... . I burnt all the sausages when my friends came over for a barbecue.

5 I was quite disappoint..... not to win the tennis match, after I'd trained so hard.

6 I don't find computer games at all relax..... .

4 Complete the table with the verb and noun forms.

Adjective	Verb	Noun
amused / amusing	to amuse	
confused / confusing		
embarrassed / embarrassing		
exhaust / exhausting		
excited / exciting		
relaxed / relaxing		
shocked / shocking		
worried / worrying		

LIVEWORKSHEETS

2.1 **Read the email. The underlined adjectives have similar meanings to those in the table below. Write them in the correct column.**

Hi Helga

Just wanted to tell you that I went to the seaside last Saturday with my friends. I was really glad that they phoned me because I was feeling fed up and I was relieved to have something to do. But when we got to the seaside I realised they were going to the theme park and I've always been scared of the big rides. I got a bit angry with them because they hadn't told me. But in the end they persuaded me to go with them. As I sat there waiting for the first ride to begin, I could feel my heart beating faster and faster, but as soon as it started I forgot to feel anxious about it because it was such fun. When I got off I was surprised to realise how much I'd enjoyed it and I went on all the other rides too! You must come with me next time.

Love, Tina

amazed	annoyed	depressed	frightened	pleased	worried
				glad	

Listening Part 1

38 You will hear people talking in eight different situations. For questions **1–8**, choose the best answer (**A**, **B** or **C**).

Exam tip

Listen carefully for words which mean the same as words in the questions, e.g. if *frightening* is in the question you might hear *scary* or *terrifying* in the recording.

1 You hear a woman telling a friend about a conversation she had with her parents.

How did her parents feel about her news?

A furious that she wouldn't complete her studies
B astonished that she hadn't consulted them
C pleased that she'd made a good decision

2 You hear a man talking about an activity holiday.

What opinion does he give of the holiday?

A It was more suitable for teenagers.
B The activities were too demanding for him.
C The teaching was disappointing.

3 You hear two people talking about a film.

How did they react to the ending?

A They found it frightening.
B It took them by surprise.
C They felt it was unclear.

4 You hear a couple talking about their hotel.

What are they slightly dissatisfied with?

A the type of breakfast
B the view from the room
C the lack of entertainment

5 You hear two friends talking about a football match.

How do they feel?

A concerned about the future
B astonished at the result
C upset at their team's performance

6 You hear a voicemail message.

What problem does the boy have?

A He's had all his money stolen.
B He needs a lift to the shop.
C He needs to borrow some money.

7 You hear two people talking about a new colleague.

What does the man say about her?

A She often misses deadlines.
B She sometimes loses her temper.
C She seems distracted.

8 You hear an actor talking about her work.

What does she find most difficult about it?

A doing publicity interviews
B wearing heavy make-up
C remembering her words

LIVEWORKSHEETS