

HISTORY OF SOCCER UNIFORMS

1. READ THE TEXT.

The uniforms that soccer players wear are not just **jerseys**. They are the image of a team and what they stand for, the symbol. Soccer uniforms did not always look the same. Over time, the rules for uniforms changed. According to Cambridge rules, athletic uniforms were not even mentioned. The players could wear whatever clothes they wanted. They usually used white shirts, long pants, and colorful hats or **scarves** to distinguish themselves from the opponents.



Vocabulary

shin guards. A piece of rubber or plastic material worn inside a sock to protect the lower part of your leg.

jersey. A piece of wool or cotton clothing that is worn on the upper part of the body and has sleeves but no opening at the front.

scarf. A strip, square, or triangle of cloth, worn around the neck.

cleats. A special type of shoe used to play soccer.

Around 1870, the public asked for uniforms for the players. Since then, soccer players wear uniforms with the colors that represent the team. Samuel Widdowson invented **shin guards** in 1874. His idea was not accepted at the beginning, but then other players used them too.

In the 20th century, soccer shirts were a fashion trend around the world. Jerseys were designed with light synthetic fabric for athletic activity in the mid-1900s.

By the 1960s, the soccer uniforms started resembling the athletic apparel we see today. Uniforms are basic even though they have changed a lot throughout history. They

include a short-sleeved top, light-weight shorts, high socks over shin guards, and soccer **cleats**, perfect to keep soccer players comfortable and cool.

2. READ THE TEXT AGAIN AND CHOOSE TRUE OR FALSE.

The uniforms that soccer players just wear jerseys .	TRUE	FALSE
Around 1870, the public asked for uniforms for the players.	TRUE	FALSE
Soccer players wear uniforms with the colors that represent the team at around 1870.	TRUE	FALSE
Samuel Widdowson invented shin guards in 1874.	TRUE	FALSE
Samuel Widdowson invented the uniforms for soccer players around 1870.	TRUE	FALSE
In the 20th century, soccer players started to wear uniform that represent the team.	TRUE	FALSE
The soccer cleats are perfect to keep soccer players comfortable and cool.	TRUE	FALSE

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