



## LISTENING ACTIVITY

NAMES: \_\_\_\_\_

TEENS 2|

- A** Listen to four people talk about how they manage stress. What do they do? Number the pictures from 1 to 4. There are two extra items.



- B** Listen again. What else do the people do to manage stress? Write the activities.

1 \_\_\_\_\_

3 \_\_\_\_\_

2 \_\_\_\_\_

4 \_\_\_\_\_