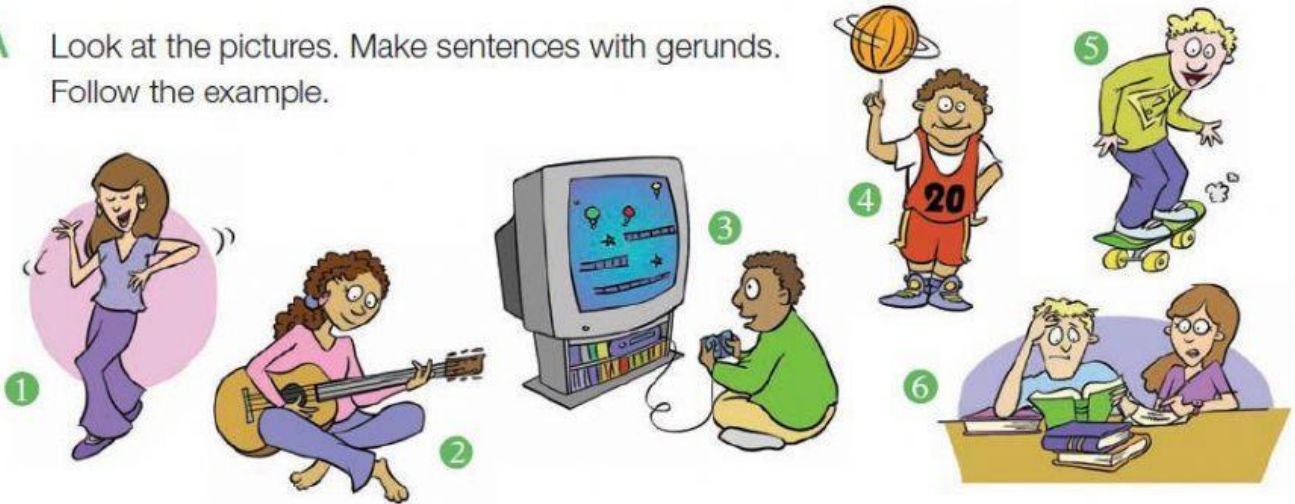


Exercise 1

Unit 1: How Often Do You Work Out?

Name: Class: / Number:

A Look at the pictures. Make sentences with gerunds. Follow the example.



- | | |
|---|-----------------------|
| 1. Kaitlin (enjoy) <u>Kaitlin enjoys dancing.</u> | 4. Sam (love) _____ |
| 2. Yasmin (love) _____ | 5. Rick (enjoy) _____ |
| 3. Michael (like) _____ | 6. They (hate) _____ |

B Make sentences about yourself. Use frequency adverbs and expressions.

- | | |
|---|---|
| 1. sleep / a day | <u>I usually sleep eight hours a day.</u> |
| 2. do homework / right after school | _____ |
| 3. talk on the phone | _____ |
| 4. watch television / after dinner | _____ |
| 5. exercise / in the afternoon | _____ |
| 6. hang out with friends / on the weekend | _____ |

C Which of these are true for you? Mark them. Compare your answers with a partner.

- | | |
|---|---|
| 1. _____ I often go to the movies. | 6. _____ I eat out two or three times a week. |
| 2. _____ I sometimes go out at night. | 7. _____ Sometimes I do the laundry. |
| 3. _____ I never go to clubs. | 8. _____ I seldom work out at the gym. |
| 4. _____ I always do my homework. | 9. _____ I study more than ten hours a week. |
| 5. _____ I usually keep my room in order. | 10. _____ I get up early every day. |