

GO AROUND THE WORLD

FOOD IN CANADA

1 Listen and read.  2:42 

Hello! I'm Stella from Canada. On Sunday, my family has pancakes for breakfast. My mum likes pancakes with strawberries. My dad likes pancakes with eggs, but I like pancakes with maple syrup. Maple syrup comes from the maple tree.



Look at these vegetables. They're fiddleheads. They're a popular vegetable in Canada. My family grow vegetables in the garden. We've got fiddleheads, beans, tomatoes and celery.



On my birthday, I have poutine for dinner. Poutine is made of chips, cheese and sauce. I eat it with my fingers, then I wash my hands!



On Saturday, I have a sandwich and juice for lunch. My dad likes carrot juice and my mum likes spinach juice. My favourite juice is blueberry juice. It's delicious and it's healthy!

2 Copy and write *True or False*. 

- 1 On Saturday, Stella has pancakes for breakfast.
- 2 Stella's dad likes pancakes with eggs.
- 3 Fiddleheads are a popular vegetable in Canada.
- 4 On her birthday, Stella has poutine for lunch.
- 5 Poutine is made of tomatoes and celery.
- 6 Stella's mum likes spinach juice.

YOUR GO!

Which foods are popular in your country?

What do you eat on your birthday?