



7 Study Habits^{zzz}

Put them in order

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| ASK FRIENDS TO LEAVE YOU ALONE | 1 |
| DO THE HARD STUFF FIRST | 2 |
| TAKE BREAKS | 3 |
| PLAN YOUR STUDY TIME | 4 |
| CHECK YOUR NOTES | 5 |
| GET SOME EXERCISE | 6 |
| DON'T WASTE TIME | 7 |