

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## HABITS



A HABIT IS A BEHAVIOUR YOU DO REPEATEDLY EVERY DAY. SOME HABITS ARE HEALTHY, BUT SOME ARE NOT. THINK OF A POSITIVE HABIT YOU HAVE IN CLASS THAT CAN HELP YOU TO BE KIND.

---

---

---

THINK OF A NEGATIVE HABIT:

---

---

---

DID YOU NOTICE ANY SITUATIONS WHERE SOMEONE IN CLASS WAS MISTREATED? :

---

---