

Present Perfect II

ENGLISH GRAMMAR

FOR - SINCE



I have been living in Japan **since** 2012.

SINCE + starting point
(and continues until now)

FOR + duration of time

NOW

for 4 years

I have been living in Japan **for** 4 years.



FOR + period of time
+ number + time word

When we measure the duration of something or how long it lasts. It has a start point and an end point and can be used in different tenses.

- I studied English in Ireland **for** 2 years.
- I will be there **for** around two months.
- We have been married **for** 14 years.

for ten minutes
for eight hours
for five days
for six months
for three years
for two centuries

SINCE + starting point
+ a time / a date

When something started in the past and continues until now. **Since** is mostly used in the present perfect and perfect progressive tense.

- He hasn't eaten **since** 7 o'clock.
- I have been working here **since** June.
- We have been married **since** 2002.

since 8 o'clock
since Monday
since February
since 1982
since I left school
since the end of last century

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C Complete these sentences with *for* or *since*.

Then compare with a partner.

1. Pam was in Central America a month last year.
2. I've been a college student almost four years.
3. Hiroshi has been at work 6:00 A.M.
4. I haven't gone to a party a long time.
5. Josh lived in Venezuela two years as a kid.
6. My parents have been on vacation Monday.
7. Natalie was engaged to Danny six months.
8. Pat and Valeria have been best friends high school.

NAME: _____ DATE: _____

GRAMMAR WORKSHEET

FOR and SINCE



FOR	SINCE
She has been working for two hours. A horizontal timeline with an arrow pointing right. A vertical tick mark is labeled 'two hours ago' and another is labeled 'now'. A dashed line connects the two tick marks.	She has been working since ten o'clock. A horizontal timeline with an arrow pointing right. A vertical tick mark is labeled '10 o'clock' and another is labeled 'now'. A dashed line connects the two tick marks.

- Complete the sentences below with 'for' or 'since'.

1. I've been working at this company for five years.
2. That restaurant has been open since this morning.
3. Kate has lived here _____ 2012.
4. It has been raining _____ a long time.
5. The TV has been on _____ five o'clock.
6. I have wanted to be a doctor _____ I was a kid.
7. Sam has studied at this college _____ only a week.
8. The telephone has been ringing _____ a few minutes.
9. Maria and Eduardo have been married _____ three months.
10. My uncle has been in the hospital _____ last Tuesday.
11. Dinosaurs have been extinct _____ 65 million years.
12. I've had this job _____ June.
13. I haven't seen my friend _____ last week.
14. We've been waiting for our flight _____ an hour.
15. Stewart hasn't eaten any junk food _____ several months.

