

A Video CV

A **video resume** is a short **video** you to introduce yourself to the company recruiter. It is often submitted in addition to a **written curriculum vitae** and **application letter**.

An effective **video resume** is between 30 seconds to 2 minutes long and it should include only **relevant information**.

A) Watch **Laura** and **Praise** Video CVs and **complete** the chart:

(some information is missing)



(remember, some information may be missing)

| | residences | personality | education | skills | experience | contact |
|-------|------------|-------------|-----------|--------|------------|---------|
| Diana | | | | | | |
| Laura | | | | | | |

B) What positions are Praise and Laura applying for?

a. Praise: _____

b. Laura: _____

C) Tips for a good Video CV - match the columns

1. **Dress professionally:**

a. Prepare what you're going to say.
Do not improvise.

2. **Find a good background:**

b. Use visuals to illustrate what you're saying.

3. **Sound is important:**

c. A lot of people are making video CVs, you have to be creative to make an impression.

4. **Write a script:**

d. Dress as if you were in a job interview.

5. **Show, don't tell:**

e. Share your video with friends and family to get their opinion.

6. **Be creative:**

f. Pay attention to the background in your video. Choose an appropriate and tidy place.

7. **Be brief.**

g. Make sure that your voice can be heard clearly and avoid background noise.

8. **Get feedback**

h. Videos should be between 30 and 90 seconds.

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