Sports people have to eat the right foods. For example, pasta.

Why do they have to eat pasta?

Because they need energy. They also have to eat meat.

Why do they have to eat meat?

Because they need big muscles. They have to eat cheese, too.

Why do they have to eat cheese?

Because they need strong bones.

Interesting! It's time for a big dinner!

READ

Match the questions and answers.

Why do sports people have to eat pasta?	Because they're fun.
Why do you have to eat cheese?	Because he's going swimming.
Why does your brother have to go to school on Saturday?	Because I need strong bones.
Why is Sam wearing goggles?	Because they need energy.
Why do you like computer games?	Because he has to play in the school football team.

Complete the questions and answers.

1 Why do people ___have___ to _____ bread?
_____ they _____ energy.

2 _____ do people _____ milk?
_____ they _____ strong bones.

3 _____ do people _____ chicken?
_____ they _____ big muscles.

LIVEWORKSHEETS