

 **Sports people have to eat the right foods.**
For example, pasta.

 **Why do they have to eat pasta?**

 **Because** they need energy. They also have to eat meat.

 **Why do they have to eat meat?**

 **Because** they need big muscles.
They have to eat cheese, too.

 **Why do they have to eat cheese?**

 **Because** they need strong bones.

READ  Interesting! It's time for a big dinner!

Match the questions and answers.

Why do sports people have to eat pasta?

Because they're fun.

Why do you have to eat cheese?

Because he's going swimming.

Why does your brother have to go to school on Saturday?

Because I need strong bones.

Why is Sam wearing goggles?

Because they need energy.

Why do you like computer games?

Because he has to play in the school football team.

Complete the questions and answers.

1 Why do people have to eat bread?
Because they need energy.

2 Why do people drink milk?
Because they need strong bones.

3 Why do people eat chicken?
Because they need big muscles.