

 Sports people have to eat the right foods.
For example, pasta.

 **Why do they have to** eat pasta?


 **Because** they need energy. They also
have to eat meat.

 **Why do they have to** eat meat?

 **Because** they need big muscles.
They have to eat cheese, too.

 **Why do they have to** eat cheese?

 **Because** they need strong bones.

READ  Interesting! It's time for a big dinner!

Match the questions and answers.

Why do sports people have to
eat pasta?

Why do you have to eat cheese?

Why does your brother have
to go to school on Saturday?

Why is Sam wearing goggles?

Why do you like computer games?

Because they're fun.

Because he's going swimming.

Because I need strong bones.

Because they need energy.

Because he has to play in the school
football team.

Complete the questions and answers.

1 Why do people have to _____ bread?
_____ they _____ energy.

2 _____ do people _____ milk?
_____ they _____ strong bones.

3 _____ do people _____ chicken?
_____ they _____ big muscles.