

Food and drink



Breakfast

/ˈbrekfəst/

bread /bred/
butter /ˈbʌtə/
cereal /ˈsɪəriəl/
cheese /tʃiːz/
coffee /ˈkɒfi/
eggs /egz/
jam /dʒæm/
(orange) juice /dʒuːs/
milk /mɪlk/
sugar /ˈfʊɡə/
tea /tiː/
toast /təʊst/

Lunch /dɪnər/ or dinner

fish /fɪʃ/ e.g. salmon, tuna
herbs /hɜːbz/
meat /miːt/ e.g. chicken, sausages, steak, ham
(olive) oil /ɔɪl/
pasta /ˈpæstə/
rice /raɪs/
salad /ˈsæləd/
seafood /ˈsiːfuːd/
spices /ˈspɑːsɪz/



Vegetables

/ˈvedʒtəblz/

carrots /ˈkærəts/
chips /tʃɪps/ (or French fries)
a lettuce /ˈletɪs/
mushrooms /ˈmʌʃrʊmz/
onions /ˈɒnjənz/
peas /piːz/
peppers /ˈpepəz/
potatoes /pəˈteɪtəʊz/
tomatoes /təˈmɑːtəʊz/

Fruit

apples /æplz/
bananas /bəˈnɑːnəz/
oranges /ˈɒrɪndʒɪz/
a pineapple /ˈpaɪnæpl/
strawberries /ˈstrɔːbərɪz/



Desserts

/dɪˈzɜːts/

cake /keɪk/
fruit salad /fruːt ˈsæləd/
ice cream /aɪs ˈkriːm/

Snacks

/snæks/

biscuits /ˈbɪskɪts/
chocolate /ˈtʃɒklət/
crisps /krɪspz/
nuts /nʌts/
a sandwich /ˈsænwɪdʒ/
sweets /swiːts/