

First aid steps for a choking infant



Put the steps in the correct order (1-5) of giving first aid to a choking infant.

Give up to 5 chest thrusts using 2 fingers of your other hand to push on the chest.

If the object does not come out after 5 back slaps, turn the infant onto its back. Remember to support the head.

Hold the infant face-down on your forearm. Support the head and jaw with your hand.

Give up to 5 back slaps with the heel of your other hand, between the infant's shoulder blades.

Repeat the 5 back slaps and 5 chest thrusts until the infant can breathe, cough, cry or becomes unresponsive. If they are unresponsive and not breathing properly, you will need to provide CPR.