

My body

Read and number

arms ☐

legs ☐

hands ☐

feet ☐

fingers ☐

toes ☐

head ☐





Look and write. Then trace and say.

hands body toes arms legs feet

1



Wave your arms.

2



Clap your hands.

3



Move your legs.

4



Shake your body.

5



Stamp your feet.

6



Touch your toes.