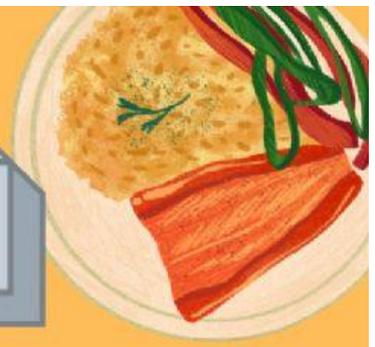


**Fill the gaps.
There are 3 extra words!**



alcohol, tasteless, bad habits, active, positive, sugar, drugs, anorexia, healthy, cigarettes, mental, sweet, nutritious, ready.

- 1) lead to health problems.
- 2) Smoking shortens your life and can cause cancer.
- 3) Every person needs to sleep about 8 hours to stay during weekdays.
- 4) Eating healthy, and vitamin-rich products can improve your health.
- 5) emotions, smiling and laughing prolong your life and let you avoid stress.
- 6) affects your heart and can't fill you for a long time.
- 7) Drinking too much can be very harmful.
- 8) destroy the structure of the brain and a person changes forever.
- 9) Be careful with diets, careless refusal to eat can lead to .
- 10) Doctors recommend eating foods so that teenagers do not have skin problems, such as acne.
- 11) Some people think that healthy food is tasteless, but in fact there are many recipes for cooking that combine into a delicious and unique dish.
- 12) A healthy lifestyle improves health, so many psychologists advise patients to spend time outdoors.