

## LESSON 10 - YOU SHOULD GO ON A DIET

### 1. Complete with *should* or *shouldn't*.

1. You \_\_\_\_\_ take sunblock to the beach.
2. You \_\_\_\_\_ eat healthy food more often.
3. You \_\_\_\_\_ smoke cigarettes.
4. You \_\_\_\_\_ try a Keto diet.
5. You \_\_\_\_\_ eat too much sugar.
6. You \_\_\_\_\_ avoid food with nuts.
7. You \_\_\_\_\_ use laptops or cell phones before going to bed.
8. You \_\_\_\_\_ drink alcohol during the week.
9. A: \_\_\_\_\_ I go to the gym tonight?  
B: Yes, you \_\_\_\_\_.
10. A: \_\_\_\_\_ we have pizza for dinner?  
B: Oh no, we \_\_\_\_\_. I'm on a diet.



### 2. Give advice using *should* or *shouldn't*.

1. This coat is beautiful. You should buy it.
2. My car won't start. \_\_\_\_\_
3. I forgot my wedding anniversary. \_\_\_\_\_
4. I don't like to exercise. \_\_\_\_\_
5. We don't have money for our wedding. \_\_\_\_\_
6. My laptop is slow. \_\_\_\_\_

### 3. Suggest using could.

1. You \_\_\_\_\_ go on vacation next month.
2. We \_\_\_\_\_ go to Paris or maybe Milan.
3. They \_\_\_\_\_ open the door with a bobby pin.
4. \_\_\_\_\_ you give me a hand with these boxes?
5. \_\_\_\_\_ you do me a favor?
6. I \_\_\_\_\_ talk to your mother about the car?
7. We \_\_\_\_\_ go somewhere quiet and talk.



### 4. Choose the correct form, **could** or **couldn't**.

1. I could / couldn't go to the party last night because I was sick.
2. My sister could / couldn't go on diet, she is too fat.
3. The bank could / couldn't help with the check, because it wasn't dated.
4. You could / couldn't sleep a little bit more, now you start work later.
5. They could / couldn't get in, because the door was locked.
6. Gary could / couldn't find his car because he forgot where he parked.
7. We could / couldn't watch the show because the tickets were sold out.
8. You could / couldn't speak to your boss about a raise.