

Complete the sentences with these words.

almonds	chocolate	courgette	mixture	peaches
chickpeas	coconut	grapefruit	parsley	trout

- 1 **Peel** the _____ and **remove** the stones.
- 2 **Steam** the _____. When it's ready, the flesh should come away from the bones easily.
- 3 **Soak** the _____ overnight in water and then **boil** them for two hours.
- 4 **Melt** the _____ and mix in the raisins.
- 5 **Squeeze** some _____ juice over the salad.
- 6 **Slice** the _____ and **fry** the slices till they are slightly brown on each side.
- 7 **Crush** the _____ and sprinkle on top of the cake.
- 8 **Chop** some _____ and **sprinkle** it onto the soup.
- 9 Add the _____ milk. Bring it to the boil and then leave for about 30 minutes, but stir it occasionally.
- 10 **Blend** the whole _____ until it's smooth.