

1 Wake up your senses!

LISTENING

1.3 Listen to the podcast. What is the presenter's aim?

- A to show listeners how to test their sense of taste
- B to compare his sense of taste with the average person
- C to give information about a special category of people

1.4 Listen again and complete the sentences with a word or a short phrase in each gap.

EF SW

A science podcast

- 1 The first podcast in the series on senses talked about 1.....
- 2 Supertasters have more 2..... for processing taste than an average person.
- 3 The presenter was surprised that being a supertaster can 3..... your diet.
- 4 Approximately a 4..... of the population are supertasters.
- 5 People tend to lose their sense of taste and smell after the age of 5.....
- 6 The majority of people don't understand that the nose and mouth are both needed to produce a 6..... variety of tastes.
- 7 The 350 receptors in the nose work by detecting the 7..... structure in the smell of what we eat.
- 8 It is estimated that human beings can distinguish up to 8..... different smells.
- 9 Many people from the Science for Life office 9.....
- 10 The presenter was disappointed to have 10..... result in a taste test.

Extend

1 Match these adjectives with the types of food (A-D). There's one extra word you do not need.

bitter salty savoury sour sweet



2 Choose the correct words to complete the sentences (1-5).

- 1 Any non-sweet food can be called **salty / savoury**.
- 2 Food with a lot of or too much flavour is described as **great / strong**.
- 3 An apple without much flavour can be called **watery / fruity**.
- 4 Dishes with a lot of chillies can be called **spicy or burning / hot**.
- 5 Someone who refuses to eat many types of food is called a **bossy / fussy** eater.

3 Choose the correct words to complete the text.

A matter of taste

I have an identical twin sister, but we couldn't be more different when it comes to food. She loves cakes and biscuits whereas I don't eat many ¹sweet / savoury things. She's definitely a milk chocolate fan, but I prefer the ²fruity / bitter flavour of dark chocolate. It's the same with coffee: mine is ³strong / sour and full of flavour, hers is all ⁴salty / watery. And she never wants to eat my curry! I love chillies so it's much too ⁵fussy / spicy for her, but for me, the ⁶hotter / bigger, the better!