

Complete the sentences using the vocabulary in the box

resting heart rate	buoyant	hyperventilate	pearl divers
free-diving	pulsed signal therapy	personal record	vital organs
under duress	lung capacity		

1. When a person makes a _____, it means they got the best score, or time, that they have ever gotten.
2. The _____ that Blaine mentions are individuals who make a living diving into the ocean to find pearls. They do this without any equipment for breathing.
3. The sport of _____ is similar, in that divers stay underwater for as long as they can, and try to push themselves on deeper and longer dives.
4. To _____ means to breathe at a very fast rate, which results in losing carbon dioxide in the body.
5. A person's _____ refers to how much air they can hold in their lungs.
6. A person's _____ is the amount of times their heart beats per minute when they are not moving.
7. When someone is _____, they are constrained or forced to do something. In Blaine's case, he is acting under duress even though it is a stunt that he planned himself. He has willingly created the environment of duress.
8. To be _____ means to float.
9. A person's _____ refer to organs in our body that need to operate properly in order for us to stay alive.
10. The medical term PST means _____. Blaine uses it to refer to a device that would help restart his heart if it stopped during the stunt.