

Read the text about tea, one of the world's favourite beverages. Think of ONE word that fits into each blank.



Tea is one of the world's (1) \_\_\_\_\_ popular beverages. According to a legend, it originated in China thousands of years (2) \_\_\_\_\_, when leaves from a tea bush fell (3) \_\_\_\_\_ a hot water pot of the Chinese emperor.

At first, only wealthy British families (4) \_\_\_\_\_ able to afford drinking tea, which was brought from India by merchants and traders. Some people even locked it up to prevent it from (5) \_\_\_\_\_ stolen.

There are many ways to drink tea. (6) \_\_\_\_\_ most people just drink their tea pure, others add milk or a lemon. The most common forms are black and green tea. Vanilla or fruit flavouring (7) \_\_\_\_\_ often added to tea to give it a special taste. Some people brew their tea in convenient tea bags, others pour boiling (8) \_\_\_\_\_ over crushed tea leaves.

Tea drinking has a long tradition in Britain. Every Briton (9) \_\_\_\_\_ about 5 cups of tea per day, or about 1,700 cups a year – the largest per capita consumption in the (10) \_\_\_\_\_. Traditional afternoon teatime goes (11) \_\_\_\_\_ to the 19<sup>th</sup> century. Many families celebrate this custom in an exclusive way, with expensive china and silver spoons.

Tea has a stimulating effect (12) \_\_\_\_\_ your body, because it contains (13) \_\_\_\_\_ caffeine than coffee. It is great for those who are afraid of putting on too much (14) \_\_\_\_\_ as it has only 4 calories per cup.