

Subject: English 9th	Class: _____ Name: _____
Date: ____/04/2022	

Unit 4- Health and fitness

VOCABULARY – Common expressions

1. Read the expressions on the left and match them with the correct translation on the right.

- | | | |
|--------------------------------------|-----|--|
| a. What goes around, comes around. | ☹ ? | 1. Um por todos e todos por um. |
| b. And the list goes on. | ☹ ? | 2. Pôr o rabo entre as pernas. |
| c. All for one, and one for all. | ☹ ? | 3. Enterrar o machado. (fazer as pazes) |
| d. Kiss and make up. | ☹ ? | 4. Cá se fazem, cá se pagam. |
| e. He has his tail between his legs. | ☹ ? | 5. Ele tem nervos de aço. |
| f. He had nerves of steel. | ☹ ? | 6. E a lista continua... |
| g. All that glitters isn't gold. | ☹ ? | 7. Tudo está bem quando acaba bem. |
| h. Read between the lines. | ☹ ? | 8. A pressa é inimiga da perfeição. |
| i. All is well that ends well. | ☹ ? | 9. Nem tudo o que luz é ouro. / As aparências enganam. |
| j. Haste makes waste. | ☹ ? | 10. Ler nas entrelinhas. |

a	b	c	d	e	f	g	h	i	j

Idioms- Food

1. Match the idiomatic expressions with its correct meaning.

1 piece of cake	A cheio de energia	1	
2 cry over spilled/spilt milk	B em forma	2	
3 full of beans	C chorar sobre o leite derramado	3	
4 as fit as a fiddle	D canja	4	
5 out of shape	E não ensinar alguém a fazer o que já sabe	5	
6 feel on top of the world	F ótimo trabalho/emprego/ tarefa fácil	6	
7 a plum job	G trazer o dinheiro para casa	7	
8 bring home the bacon	H sentir-se muito feliz	8	
9 a couch potato	I em baixa forma	9	
10 don't teach your grandmother to suck eggs	J em apuros	10	



11 be in the soup

K viciado em televisão/ preguiçoso/
sedentário

11

2. Complete with the correct idiom.

- 2.1. Aren't you tired? The kids were _____ today.
2.2. I _____ when I was offered a higher paid job.
2.3. The test was _____.
2.4. The laptop is broken and we can't fix it. There's no need to cry over spilt milk.

3. Write a word related to food to complete the idioms.

- 3.1. 1. As cool as a _____.
3.2. That's not my cup of _____.
3.3. Don't cry over spilt _____.
3.4. He's a bad _____.
3.5. This subject is a hot _____.
3.6. It's a piece of _____.



4. Match the idioms above with their meanings.

- a. a controversial issue
b. a person who is always in trouble
c. something you don't enjoy
d. a very simple/ easy task
e. to be upset over something that happened
f. to be calm, not nervous



5. Complete the sentences with a food idiom above. Make the necessary verb changes.

- 5.1. Most of the kids in the class are nice and quiet, but there's always one _____ that disrupts everything.
5.2. You sent the wrong email to your boss!?! Oh well... what's done is done. There's no point _____.

- 5.3. Don't worry about the PE exam. I did it before and I found it really easy. It was _____.
- 5.4. I have to admit that science fiction films are not my _____.
- 5.5. _____. I prefer action films based on real facts.
- 5.6. Jennifer had her final exam yesterday, but she was _____.
- 5.7. Cheating at universities is the current political _____.

Idioms- Body

6. Complete the sentences with a body idiom.

- 6.1. I've got an exam tomorrow at 9 am, so _____ for me.
- 6.2. Judy has _____ because it is her first day at school.
- 6.3. Angela is a real _____. She annoys just about everyone she meets.

Good work!