

EATING HABITS

I. Match the pictures with the proper action

1.



2.



3.



4.



5.



a. Sleep well b. Eat paper c. Do exercise d. Drink juice e. Lose weight

II. Fill in gaps with *Should* or *Shouldn't*

1. Elkin shouldn't eat a lot of sweets. They are not Good for his health.
2. Karla _____ go on a diet. She looks overweighted.
3. You _____ consume foods late at night. You can have a severe stomachache.
4. My sister _____ intake supplementary food because she is skinny.
5. I _____ see to the doctor because I binge eat and I can't sleep.
6. Students _____ bring more fruits for snacks at school.

III. Complete the statements using *Should* or *shouldn't* and one of the actions from the box.

give – lose – go – drink – stop – eat

Example: María should eat fruits and vegetables everyday for a good health.

1. Maicol _____ weight because he cannot run quickly.
2. Camila's mom _____ to the gym, she hardly walks.
3. You _____ citric juices at night. They can kill you.
4. Children _____ rocks or papers. They are dangerous for their health.
5. Teens _____ eating food. They can get ill rapidly.
6. moms _____ children chips as school snacks.