

Smoothie Recipe

Ingredients:

- One (small) lemon
- Some strawberries, blueberries, and raspberries
- One banana
- Some milk
- Some yoghurt

- 1) Take one banana, peel it, and cut it.
- 2) Put it in the jar and add some berries (strawberries/blueberries/raspberries).
- 3) Add some milk and yoghurt.
- 4) Mix all the ingredients. Your smoothie is ready!

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Choose right ingredients.

Milk	Water	Lemon
Sugar	Peas	Banana
Salt	Yoghurt	Strawberries
Potatoes	Raspberries	Cucumber
Blueberries	Butter	Cereal
Meat	Melon	Fish

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Put words in correct order.

- a) and cut it / one banana, / Take / peel it, / .
- b) jar and / berries / Put it in the / add some / .
- c) and yoghurt / Add some milk / .
- d) ingredients / all the / Mix / .
- e) smoothie / Your / ready / is / !

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True (T) or false (F)?

- a) You need some milk and yoghurt.
- b) You need strawberries and a melon.
- c) Fry all the ingredients.
- d) Mix all the ingredients.
- e) It isn't necessary to peel the banana.
- f) You put the banana in the jar.
- g) You put the banana on the plate and mix all the ingredients there.