

Read and Learn:

We use **adverbs of frequency** to describe **how frequently** something happens.

We usually use adverbs of frequency with the **present simple tense**.

Adverbs of frequency

always 100 % 
usually 90 % 
often 70 % 
sometimes 30 % 
never 0 % 

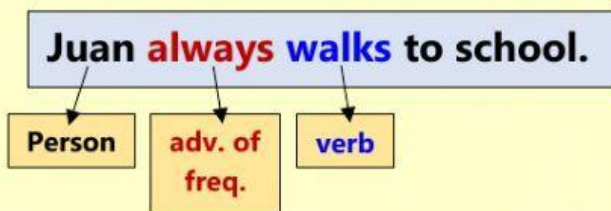
Remember



Position in a sentence:

1) We put the adverbs of frequency **BEFORE** the main verb.

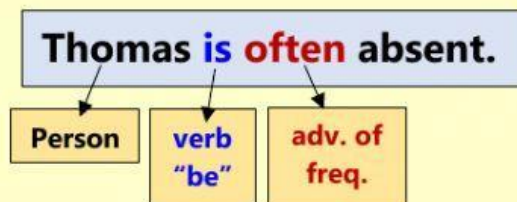
Example:



2) **BUT** we put them **AFTER** the verb BE:



Example:



More examples:

With common verbs:	With the verb BE
I usually clean my room on Saturdays.	I am sometimes late for school.
You sometimes play football at the park.	You are always worried about English exams.
He often studies in the evening.	He is usually thirsty after lunch.
She always wears shirts.	She is often hungry in the afternoon.
It never rains in the desert.	It is never hot on winter mornings.
We often go to school by car.	We are always at school on weekdays.
They never watch TV at night.	They are usually at home on Sundays.

Activity 1: Only one sentence is correct. (Click on A, B or C)

- 1) **A)** Benjamin never is at work.
B) Benjamin is never at work.
C) Benjamin is at work never.
- 2) **A)** We have usually lunch at 12 o'clock.
B) We usually have lunch at 12 o'clock.
C) We have lunch usually at 12 o'clock.
- 3) **A)** She always travels by plane.
B) Always she travels by plane.
C) She travels always by plane.
- 4) **A)** They sometimes are at the park on Sunday afternoons.
B) They are at the park sometimes on Sunday afternoons.
C) They are sometimes at the park on Sunday afternoons.

Activity 2: Put the adverbs of frequency in the correct place.

Example:

We go to the beach in the summer. **(usually)**

We **usually** go to the beach in the summer.

1) Susan is late for school. **(never)**

2) I eat fish. **(sometimes)**

3) Peter cleans his room. **(often)**

4) My parents are busy. **(always)**

Activity 3: Put the words in the correct order to make sentences.

Example:

play / on Sundays. / often / football / They

They often play football on Sundays.

.....

1) sometimes / She / on Fridays. / goes shopping

.....

2) Dad / at home / never / in the morning. / is

.....

3) gets up / never / on Saturdays. / My brother / early

.....

4) Football fans / always / very excited / are / during a World Cup.

.....