

Complete with the words in the box.

useful    feel down    harmful    charities  
customers    fight    trouble    pair

1. Our class is raising money for local ..... .
2. Thank you for your advice. It was very ..... .
3. Throwing rubbish in the streets is ..... to the environment.
4. My brother and I hang out together a lot, but we sometimes ..... , too.
5. I didn't do my homework, and now I'm in ..... .
6. Most of the ..... of this shop are teenagers.
7. I ..... because my friend isn't talking to me.
8. I need a ..... of gloves for my trip to Canada.

Complete the sentences with the words in the box.

trophy    weight    shape    effects    pads    special

1. You should wear knee ..... when you play volleyball if you don't want to hurt yourself.
2. Liam goes running every day because he's trying to lose ..... .
3. Hassan won this ..... in a tennis tournament.
4. The special ..... in this film are amazing.
5. You need to be in good ..... to do water sports.
6. **A:** How was the match?  
**B:** It was nothing ..... .