Complete with the words in the box.

useful	feel down	harmful	charities
customers	fight	trouble	pair

1. Our class is raising money for local _____.
2. Thank you for your advice. It was very _____.
3. Throwing rubbish in the streets is _____ to the environment.
4. My brother and I hang out together a lot, but we sometimes _____, too.
5. I didn't do my homework, and now I'm in _____.
6. Most of the _____ of this shop are teenagers.
7. I _____ because my friend isn't talking to me.
8. I need a _____ of gloves for my trip to Canada.

Complete the sentences with the words in the box.

trophy	weight	shape	effects	pads	special

1. You should wear knee _____ when you play volleyball if you don't want to hurt yourself.
2. Liam goes running every day because he's trying to lose _____.
3. Hassan won this _____ in a tennis tournament.
4. The special _____ in this film are amazing.
5. You need to be in good _____ to do water sports.
6. **A:** How was the match?

   B: It was nothing _____.

LIVEWORKSHEETS