

## Tech-free teens - is it possible?

### A REPORT BY ISOBEL SANTOS

It's 8:20 in the morning. I'm standing next to the entrance to Southshore High School. I'm looking at the students and there is something very different today. They aren't texting, emailing or talking on their mobile phones. Why?

The students at Southshore High School are taking part in an experiment. Can they live without technology for a week? This means no Facebook, no Twitter, no emails, no texts, no television and no mobile phones. Each morning they write about their thoughts and feelings in their school diary.

**So, what do the students think?**

### DAY 2



*The experiment is really hard. I usually send 100 texts a day. This week I'm not reading any texts! I miss my computer, too. I usually send emails to my cousins in the UK every day.*

- Danni, 15

*I'm surprised because I'm enjoying it. I usually spend all my free time on my computer. I usually surf the internet for hours in the evening! I like looking at music websites. Now, I'm doing other things. I'm playing my guitar and going swimming. I think it's great!*

- Paolo, 16

*I'm missing my mobile phone a lot. I always speak to my friends in the evening. We talk on our mobile phones or chat online. Now, I don't know what to do. I'm really bored. I want my mobile phone and my computer back now!*

- Adriana, 15

*I usually download music from the Internet and now I can't. Every time I have an idea, I want to text my friends or go on Facebook. I'm changing, though. I'm reading a lot more and talking to my family more. It's really difficult, but I think it's good for me.*

- Tomas, 15

**Success Criterion:- Underline the key words in the definitions.**

**I. Read the sentences and then complete the gaps with the correct letter of the vocabulary in the text.**

1. This is the first space of a building or place: E \_ \_ \_ \_ \_
2. A test, especially in science, to find out if something is true: E \_ \_ \_ \_ \_
3. You write your personal thoughts and feelings in this: D \_ \_ \_ \_ \_
4. You record videos with this gadget: C \_ \_ \_ \_ \_
5. You use them to listen to music: H \_ \_ \_ \_ \_
6. A flat surface on a TV, or as part of a computer, on which pictures or words are shown: S \_ \_ \_ \_ \_

**II. Read the report again and answer the questions**

1. What's different today at Southshore High School?
  - a. Students are studying English.
  - b. Students aren't using technology.
  - c. Students are eating hamburgers.

2. How does Danny feel with the change?
  - a. He feels sad.
  - b. He feels happy.
  - c. He feels thirsty.

**Success Criteria:**

**- Underline the key words in the questions**

3. What is Paolo doing in his free time this week?
  - a. He is looking at music websites.
  - b. He is doing his homework.
  - c. He is playing his guitar.

4. Does Adriana feel optimistic about the experiment?
  - a. No, she doesn't.
  - b. Yes, she does.
  - c. No, she don't.

5. Why is the change good for Tomas?
  - a. Because he loves music.
  - b. Because he is looking at music websites.
  - c. Because he is reading more and talking to his family more.

**III. Answer using your own words**

How are you using your computer or cell phone now?

**ANSWER THIS IN THE CHAT SECTION WHEN YOU HAVE FINISHED THE WORKSHEET**