

LISTENING SCRIPT

Exercise 1. (Track 2.1)

Question 1:

My name is Steve Mewly. I live at 10, Staines Close.

[pause]

Question 2:

That's Mrs. Melanie Bridgely. And the address is Charwood Crescent.

[pause]

Question 3:

You'll need to speak to Joan Price.

You can find us at the end of Beachcroft Road. [pause]

Question 4:

It's Catherine – Catherine Millwell. My address is Ditchfield Way. [pause]

Question 5:

The name is Daryl Knight. This is it – 102, Vine Court Place. [pause]

Exercise 2.

Part A (Track 2.2)

A: Sorry. Could I have your name again?

B: Yes, certainly, that's Martin Mac Addams.

A: So, that's Martin ... and could you spell your second name for me, please?

B: It's (1) M-A-C (capital A) A-D-D-A-M-S. Shall I give you my address?

A: Yes, please.

B: It's 263, Braithwaite Avenue.

A: How do you spell that?

B: (2) B-R-A-I-T-H-W-A-I-T-E.

A: And the rest of your address?

B: Newington, Edinburgh, (3) EH 10 6PZ

Part B (Track 2.3)

A: Hello. This is Clare Johnson speaking. Is this the information desk?

B: That's right. What can I do for you?

A: Well, I've got the number of your college but I don't seem to have the address and I need to send you some documents to enroll in one of your courses.

B: Have you got a pen ready?

A: Yes. I have.

B: Now, you'll need to make it out to the Admissions Department and our address is Preston Technical College, Cloughborough Road, Preston and ...

A: Sorry, could you slow down a bit, please? I didn't catch the word after College.

B: It's Cloughborough. Do you want me to spell that for you?

A: Yes, please.

B: It's (4) C-L-O-U-G-H-B-O-R-O-U-G-H

A: Thanks.

B: And the postcode is (5) C23 XAE.

A: Oh, could I also have the name of the Head of the Admissions Department?

B: Yes, of course. It's Priscilla Winters.

A: How do you spell her first name?

B: It's (6) P-R-I-S-C-I-L-L-A.

A: Thank you very much. You've been very helpful.

Part C (Track 2.4)

A: Well, it's been great speaking to you again.

B: Likewise. Well, you're always welcome to stay when you come over to Brisbane. We've got plenty of space and there's lots to do.

A: You know, I might take you up on that offer. I was thinking of coming over next spring. The only thing is – I haven't got your new address.

B: You'd better make a note of it then. Got a pen? (Yeah) The new place has got a fancy name. It's Whyalla Lodge. I know you won't be able to spell that! It's (7) W-H-Y-A-L-L-A. That's an Aboriginal word, you know.

A: All right. Carry on.

B: Cairns Drive, Stepton, Brisbane.

A: Cairns? Is that spelt with a K?

B: No, it isn't. You spell it (8) C-A-I-R-N-S. You got that?

A: And what's the postcode?

B: It's (9) BRS 329.

A: Right. Thanks, Rob. Speak to you soon. Bye.

B: Bye - bye then.

Exercise 3 (Track 2.5)

1. OK, so my surname is Hepburn. I'll spell it for you: H-E-P-B-U-R-N.
2. I'll spell my name for you. It's E-A-S-T-W- double O-D.
3. So it's Brampton Avenue, B-R-A-M-P-T-O-N.
4. You need to go to Worrall Road, that's W-O-double R-A-double L.
5. The name of that writer's Middleton, M-I double D-L-E-T-O-N.
6. Please deliver the box to Kimberley Street. I'll spell that for you, it's K-I-M-B-E-R-L-E-Y.
7. My number? Sure! It's 0141768812.
8. With tax, that comes to £948.75

Exercise 5 (Track 2.6)

Woman: ... right, right. And, of course, there are so many cookery programs nowadays, aren't there? I mean there's 'The Great Cake Competition' on Channel 7 and then, I think, there's 'The

Best Chef' on the Food and Drink Channel, and that's really popular as well, isn't it?

Man: Yes, that's right. And it's surprising, really, because there's been a big fall in the number of people cooking at home. You know, since the introduction of takeaways and ready-made meals and so on, these days people hardly ever do any cooking at home. They just watch it on TV.

Woman: Hmm, yes. It's an interesting development in the way we think about food in this country. Why do you think our eating habits changed?

Man: Well, I'm not sure, but I think it goes back to the 1960s. At that time, people usually stayed at home with their kids and they had the same types of meal every week. For example, on Sunday, they always had roast beef or chicken, and on Fridays, they had fish and chips.

Woman: Because previously it was traditional to eat fish on Friday?

Man: That's right. But then in the 1970s the price of fridges went down quite a lot. So that's when things like frozen fish and peas became very popular.

Woman: And did that mean there was a decrease in people buying and cooking fresh food?

Man: Yes, it did. And that created another new trend in the British diet – food from different countries. You know, Chinese, Indian, Italian and so on. I don't have any data for this, but I know that the popularity of food from other countries led to a big increase in the number of small restaurants.

Woman: Do you mean there was a rise in Indian and Chinese restaurants, for example?

Man: Yes, that's right. And the number of pizza places went up at about the same time, too. This meant that by the 1990s, lots of people were choosing to go out for dinner. There were more restaurants and so prices dropped.

Woman: And what about takeaways?

Man: Oh, well, yes, takeaways became very popular, too. In fact, do you know what the figure is for takeaways?

Woman: The figure? Do you mean how much money the takeaway business is worth?

Man: Yes – it's £30 billion a year at the present time.

Woman: 30 billion! Wow! That's an amazing amount of money! Well, that business has grown since the 1960s, hasn't it?

Man: It has indeed. And so now we sit at home with our favorite takeaway meal while we watch professional chefs cooking on TV!

Woman: Hmm. That might explain why heart disease is now a bigger problem than it used to be!

Exercise 8 (Track 2.7)

1. The problem is that many people nowadays have an unhealthy diet.
2. The trend for buying Indian takeaways has risen by 6% since 2016.
3. Doctors are worried about the increase in heart disease among men aged 45 and over.
4. Good-quality food can be found in many of the city's fine hotel restaurant
5. Sales of our ready-made fish pies have fallen over the last three months.

Exercise 9 (Track 2.8)

Announcer: You will hear two Health Studies students called Sarah and Joe talking about their presentation on changing eating habits.

Sarah: Hi, Joe. How are you?

Joe: Not bad, thanks, Sarah. So, we have to decide what we're going to focus on in our presentation on changing eating habits.

Sarah: Right. Well, I looked at the list of writers that the tutor recommended – you know, people who have written whole books on the subject of changing eating habits – and I found two of them in the university library.

Joe: OK, which writers were they?

Sarah: Well, I had a look at the introduction to *Modern Diet* – that was by a researcher called Ann Robertson.

Joe: And what did you think?

Sarah: Well, I didn't get very far, I'm afraid. I just didn't find her style very interesting. But the book by Joanne Mackenzie – that was very informative, and I enjoyed that.

Joe: How do you spell her surname?

Sarah: Oh, it's M – A – C – K – E – N – Z – I – E.

Joe: Great. I'll go to the library and I'll see if I can find another copy of the book.

Sarah: OK, but what you could do instead – and it might be quicker – is look at the university library website. It'll tell you if there are other copies – and when they're going to become available. I mean, you don't want to be waiting ages and ages for a copy if another student has only just borrowed it.

Joe: Good idea – I'll do that. But I can't remember what the password is for the website.

Sarah: The password? Oh, I think I saved it on my cellphone. Let's have a look. OK, here it is. Do you want to write it down?

Joe: Sure. What is it?

Sarah: OK, it's a mix of letters and numbers. It's O – T – A – L – I – B – 2 – 0 – 1 – 6.

Joe: Great. Got it. So, I did some research myself at the weekend. I thought we should look at what people are drinking nowadays, not just what they're eating.

Sarah: Good idea. I suppose that a lot of fizzy drinks are really bad for you – but certainly last year there was a huge increase in the sales of that kind of product.

Joe: True, but most people know that they're unhealthy. But what a lot of people don't realize is that fruit juice is also really bad for you. It's full of sugar. People often drink it with their breakfast, but in my opinion, it's not something that people should buy any more. Water is really the best thing for you. That's what people should be drinking more of – whether they're at home or out.

Sarah: I agree. Actually, you just reminded me ... it's interesting: between 2005 and 2015, there was a big increase in the number of people eating out – going to restaurants, I mean. But now, for many families, there's a new trend. More and more people are eating in. But it's not food that they prepare at home themselves. Nowadays, it's ready-made meals they buy from supermarkets.

Joe: Rather than from takeaways, you mean?

Sarah: Yes, right.

Joe: That kind of thing is too expensive for me!

Sarah: Me too. And I don't think they're very tasty, anyway.

Joe: OK, what are we going to say about the problems that eating unhealthy food causes?

Sarah: Well, the one that's getting worse and worse in this country is heart disease. There's a huge number of people that are affected by it nowadays.

Joe: And the figure's going up all the time.

Sarah: The thing is, a lot of unhealthy food is cheaper than healthy food, so it's no wonder that people buy it.

Joe: Including students like us.

Sarah: Yes, that's right.

Joe: I actually did a bit of research about that, too. I mean, on campus, you know, we have six different places that serve fast food.

Sarah: Yes, my favorite is the Chinese place. It's very convenient for me.

Joe: Me too, but I discovered that the one that is busiest – that most of the students go to – is the one selling pizza. It surprised me, because I thought it was probably going to be the sushi café.

Sarah: Sushi would probably be the healthier choice. Certainly it has less fat. Where is the sushi café anyway? I mean, which street is that on? I still get lost around campus.

Joe: Which street? Um, let me think. It's on Wellesley.

Sarah: How's that spelt?

Joe: W – E – double L – E – S – L – E – Y. You know, it goes past the John Wellesley Library – up near the park.

Sarah: Right, I know the one you mean.

Joe: OK, I suppose we'd better start thinking about what we're going to include in this presentation ...