

1

Write the names of the foods.

Fruit

1. mangoes
2. _____
3. _____
4. _____

Vegetables

5. _____
6. _____
7. _____
8. _____

Grains

9. _____
10. _____
11. _____

Fat, oil, and sugar

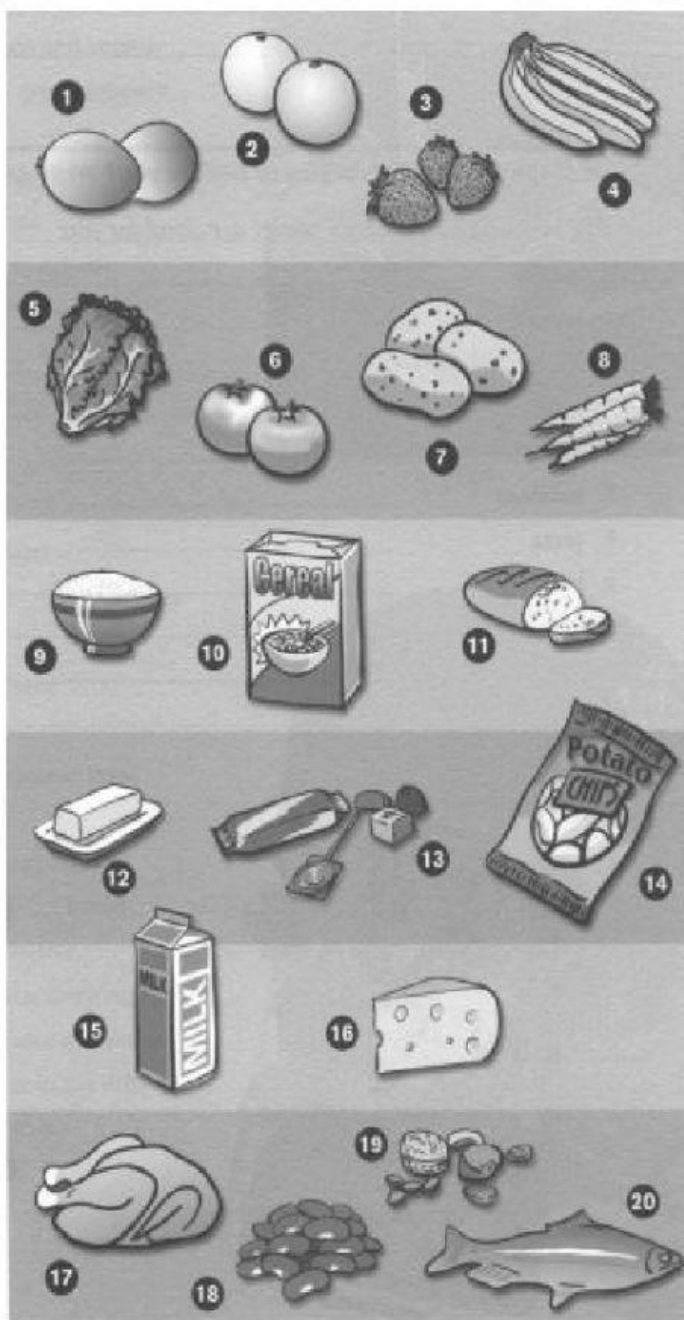
12. _____
13. _____
14. _____

Dairy

15. _____
16. _____

Meat and other protein

17. _____
18. _____
19. _____
20. _____



2

What foods do you like? What foods don't you like? Write sentences.

- | | |
|---------------------------|---|
| 1. fruit | <u>I like apples and mangoes. I don't like bananas.</u> |
| 2. vegetables | _____ |
| 3. meat and other protein | _____ |
| 4. dairy | _____ |
| 5. grains | _____ |
| 6. drinks | _____ |
| 7. desserts | _____ |

3

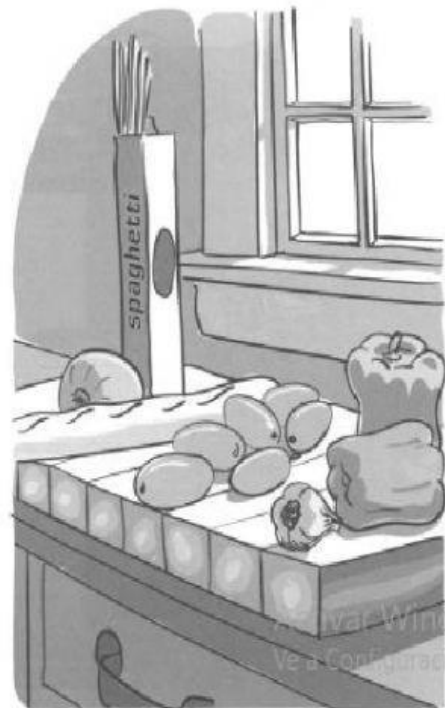
Are these foods good for you or bad for you? Write sentences.

- | | |
|-----------------|---------------------------------------|
| 1. strawberries | <u>Strawberries are good for you.</u> |
| 2. cake | _____ |
| 3. lettuce | _____ |
| 4. fish | _____ |
| 5. potato chips | _____ |
| 6. eggs | _____ |
| 7. potatoes | _____ |
| 8. pizza | _____ |
| 9. beans | _____ |
| 10. yogurt | _____ |
| 11. cookies | _____ |
| 12. broccoli | _____ |

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1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have _____ meat?
 B: Well, we have _____ beef, but I don't want _____ meat in the sauce. Let's get _____ tomatoes and onions.
 A: OK. Do we need _____ green peppers for the sauce?
 B: Yes, let's get _____ peppers. Oh, and _____ garlic, too.
 A: Great. We have _____ spaghetti, so we don't need _____ pasta.
 B: Yeah, but let's get _____ bread. And _____ cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - _____ grapes or strawberries.
 A: That sounds good. Do you have _____ eggs or bacon?
 B: No, I don't eat _____ eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have _____ bread, but I don't use _____ butter.
 A: Do you drink anything in the morning?
 B: I always have _____ juice and coffee. I don't put _____ sugar in my coffee, but I like _____ milk in it.

