

GRAMMAR

First Conditional

1. Choose the correct ending.

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| 1. I will drink some coffee | A. I will go to bed early. |
| 2. If it rains tomorrow, | B. if he does not exercise? |
| 3. If I don't study, | C. if he eats too much candy. |
| 4. If I get tired, | D. I will make a smoothie. |
| 5. What will happen | E. I will bring an umbrella. |
| 6. I will call you | F. if I am tired. |
| 7. He will gain weight | G. if I have any doubts. |
| 8. If I buy some fruit, | H. I will not pass my test. |

2. Complete the advice with the missing verb.

- a. If you _____ (not/exercise) and eat healthily, you _____ (put) on weight.
- b. If he _____ (go) to the gym, he _____ (get) quite muscular.
- c. If you _____ (not/dress) warmly, you _____ (catch) a cold.
- d. She _____ (feel) sick if she _____ (eat) too much chocolate.
- e. If you _____ (stretch) your arms and legs after exercise, you _____
(feel) much better!
- f. You _____ (get) stomachache if you _____ (eat) too much fruit.

3. Form the sentence with the correct verb tense.

- a. you / do Tai Chi / you / be more relaxed

- b. he / drink cough syrup / his sore throat / get better

- c. I / not lift heavy items properly / I / hurt myself

- d. she / drink too much milk / she / have a stomachache
