

45.

What is the one statement actually mentioned in the passage?

- a. Anyone should be able to lose weight on a diet of water and vitamin salads.
- b. Regular physical exercise and a restricted-calorie diet are sufficient to keep people slim and trim.
- c. Crash diets are the only way for some people to lose weight.
- d. Individuals with a genetic tendency towards carrying excess weight may find weight-loss diets and exercise to be ineffective.

#46. Скорая “сердечная” помощь

What is the one statement actually mentioned in the passage?

- a. Cancer is the number-one cause of death in Russia.
- b. The modern way of life promotes better health for Russian citizens.
- c. A new cardiac care center in Novosibirsk expects to save as many as 6000 patients a year.
- d. Heart disease is more prevalent in Russia nowadays than it was in the past.

#47. Холодное оружие против рака

What does the oncologist in the passage suggest as a way to prevent cancer?

- a. Eat lots of canned tomatoes and pineapple in its own juice.
- b. Exercise restraint in eating canned foods since they may represent a cancer risk.
- c. Eat frozen foods because fresh foods may contain pesticides.
- d. Keep your refrigerator set to a very low temperature to prevent food spoilage.

#48.

According to the passage, what is not one of the causes of heart problems in Russia?

- a. Eating too much fat
- b. Lack of access to modern health care
- c. Unfavorable environmental conditions
- d. Premature aging of the population

#49.

What is causing an increase in asthma throughout the world?

- a. A poisonous toad has caused widespread water pollution.
- b. Air is polluted by car emissions and factory smokestacks.
- c. Mankind has subjugated nature and used planetary resources.
- d. People are overusing fast-acting inhalers.

#50.

What is the best way to summarize this passage?

- a. Weak immune systems are the root cause of many infant deaths in Ukraine.
- b. Infant mortality in Ukraine is lower than in some other European nations.
- c. Ukraine's infant mortality rate is shamefully high.
- d. Most Ukrainian infants have serious problems with their health.