

# World Homeopathy Day

**Watch the video, read the text and answer the questions.**

What is Homeopathy? Homeopathy is the study of alternative medicines. The use of medicines that are natural and with no chemicals and dangerous products that make some people feeling worse than they are because of an allergy to them.

World Homeopathy Day is observed on 10<sup>th</sup> April of each year, to celebrate the contribution of homeopathy to the world. This marks the day of the 266<sup>th</sup> anniversary of a famous German physician, Dr. Christian Fredrich Samuel Hahnemann. This man is looked upon as the father of this branch of medicine.

Born in Paris on April 10, 1755, Hahnemann was an acclaimed scientist, great scholar, and linguist. He discovered the way to heal through the use of homeopathy. He died on July 2, 1843.

Homeopathy is one of the practices of alternative medicine that usually works by the body responds to the person's own body.

It believes that any sickness can be cured by including symptoms similar to it through does of natural ingredients. The natural ingredients

medicines made from plants and roots that have been used in years gone by .

Homeopathy is an important use in India. India is biggest homoeopathic drug manufactures and traders globally. In India it is a very popular practice.

Homeopathic medicines help with a lot of ailments. Although these medicines are natural they take longer to work because they how the body heals.

Here are some ailments that homeopathic medicines help with.

**Anxiety and Depression.** With conventional medicines they supress the problem and a person can become dependent on them.

**Asthma:** This is a chronic condition. Inhalers and conventional medicines may help, whereby homeopathic medicines, if taken as directed treat from the root of the condition by focusing on the cause and thereby homeopathic medicines are pre scribed to promote your body's ability to heal.

There are numerous others, these are just a couple. Homeopathic medicines have known to heal and epidemic diseases such as chicken pox, migraines, weight loss and viral conditions.

## Questions

### 1. When is World Homeopathic day?



