

Listen to an interview with a student talking about sport. }

For each question, choose the correct answer.

- 1** What does Elena say about running in competitions?
 - A** It can take several years to prepare for a race.
 - B** You need to run a lot every day before the race.
 - C** You can choose to run the same distance without competing.
- 2** What does Elena enjoy about running?
 - A** the opportunity to be outside
 - B** the chance to test herself
 - C** running with companions
- 3** Elena wanted to play rugby because
 - A** it's a faster game than netball.
 - B** it has a lot of physical contact.
 - C** the competitions are better.
- 4** What advice does Elena give to people who are bad at sports?
 - A** Keep going and you will improve.
 - B** Use it as a way of getting fit.
 - C** Try to enjoy whatever you are doing.
- 5** What does Elena like about team sports?
 - A** the feeling of being in a group
 - B** the fact you can work less hard
 - C** the way the group helps you
- 6** Elena suggests that if there is too much competition in a sport,
 - A** it's better to pick another sport.
 - B** you should try doing the sport with a friend.
 - C** you should choose to practise the sport privately.