HEALTH CHECK:

Choose a check (√) on the line if the sentence tells about a way of preventing a disease. Put a cross (X) if it does not.

_____ *1. Refrain from teasing animals.*

_____ *2. Use a jacket during the cold season.*

_____*3. Cover your nose and mouth when sneezing.*

_____*4. Avoid playing under the rain.*

_____*5. Eat healthy meals.*

_____*6. Eat candies and chocolates even if you have sore throat.*

_____*7. Drink lots of water and fruit juices when you have a cold.*

_____*8. Change the water in the flower vase regularly.*

_____*9. Always sleep under a mosquito net.*

_____*10. Eat foods that are rich in Vitamin C.*

LIVEWORKSHEETS