



MICHAEL SANDERS

21 YEARS OLD

GENERAL PROFILE

Michael Sanders is a family guy who always works at home. He weighs 210 pounds and is 160 centimeters tall. He smokes.

DIET

His favorite foods are chip potatoes, hamburgers, and french fries. Also, he loves diet soda.

BACKGROUND

He tried to exercise on his own at home, however, he did not see any results so he stopped exercising.

SYMPTOMS

Difficulty breathing, overweight, knee pain, type 2 diabetes.

WHAT SHOULD I DO?