

Try these sports with a difference!



A Bossaball

Have you ever played volleyball? Well, Bossaball is similar to volleyball but also has elements of football, gymnastics and capoeira. It usually takes place on the beach on a specially designed inflatable court and has a trampoline on each side of the net. There are two teams with 3–5 players in each team. You might enjoy it!

B Kibasen

Have you ever wondered what sports Japanese kids play in school? It's a piggyback game played on a large field, with lots of teams all playing at the same time. The players beat the other team by being strong and keeping going till the end! But it's quite slow because you play until all teams are out except one.

C Underwater cycling

Can you imagine a race underwater on a bicycle? It's a difficult sport but you can do it in a swimming pool – or a lake. You take part as an individual on a specially designed bicycle. You need diving equipment and a wetsuit to take part. And you're not allowed to put your feet on the ground!

D Toe wrestling

Toe wrestling is like arm wrestling – but with your toes! You have to hold the other person's toe down for three seconds. You play against other people individually until someone has won. This event is taken very seriously by some competitors but anyone can join in. You don't need to train for it, so have a go!

E Shoulder wars

Or try shoulder wars. It's an informal game, which is played in water – mostly lakes or swimming pools. You play the game by riding on the shoulders of your teammates. You need to attempt to knock down and separate your opponents by pushing them into the water.

F Two-racket tennis

Two-handed, or two-racket, tennis is an unusual way to play the worldwide popular game of tennis. The game is played just like the traditional tennis game. The difference is that each player has a racket in each hand, so you can play with two forehands. Or two backhands if that's better!

G Bed racing

Yes, bed racing is a sport! The competitors push a bed along a route in teams of four or six, plus one on the bed. Each team provides their own bed, decorated in the theme for the year. The bed runs on four wheels, but also needs to be able to float. A typical race is 3 km long and includes going up hills and crossing a river.

H Jolleyball

If you can juggle, then jolleyball is a sport for you. It's a combination of volleyball and juggling – but mainly juggling. A game is played on a court similar to a badminton court, between two teams with two or three players each. Each player has to play with two balls and juggle between shots.

Find phrases in the article that have these meanings.

- 1 happen, especially if planned or arranged (text A):
- 2 continue (text B):
- 3 join in something (text C):
- 4 think that something is important (text D):
- 5 stay or move on top of liquid without sinking (text G):

e Read the article about sports again.
Decide which sport (A–H) would be the most suitable for the students in Ex 3 (2–5).



1 Sandra



I like competitions where as many people as possible can play together. I've always played in team sports – I enjoy them a lot. I prefer really physical games that you can play outside. I'm very tough!



2 Luke



I cycle a lot. I've already won a few cycling competitions – but I'd like to do something in a team. I enjoy watching water sports and I think I'd like to try that – as long as it's something really fun.



3 Olivia



I've done gymnastics since I was little, so now I'd like to compete in a team running event that's fun and silly! Gymnastics has made me very strong and I'm a fast runner.



4 Joseph



I've tried team sports but I'm quite lazy, so I want to do something easy where I don't need lots of practice. I like silly games. And I don't want to buy any expensive equipment!



5 Hannah



I've just won a tennis competition, actually – but that was individual. I've never tried any team ball games, so I'd like to. Also, I want to do something outside as I live by the sea – something really active. I'm not keen on swimming, though.