

## **WARM-UP**

- *Work individually*
- *Timing: 3 minutes*
- *Listen to the recording twice*
- *Fill in the blank*
- *Expected: 6/8*

One month ago, my friend Bernardo (1) \_\_\_\_\_ some weight. He (2) \_\_\_\_\_ chocolate, gave up drinking beer, and he (3) \_\_\_\_\_ anything high in fat. This was difficult for him because he (4) \_\_\_\_\_ chocolate and he preferred drinking beer to Diet Coke! Luckily, his girlfriend agreed to help him. She (5) \_\_\_\_\_ him a lot of healthy food, and she did. But after two months, he only (6) \_\_\_\_\_ 3 pounds. Now, his girlfriend has (7) \_\_\_\_\_ a gym. Bernardo (8) \_\_\_\_\_, but he will hate exercising it.