A HEALTHY BODY

talk english

Lesson preparation

1. R10.1 Listen to Mr Taylor at the doctor's and answer the questions:

1. How much does he weigh? _____
2. How often does he do exercise? _____
3. How often does he eat red meat? _____
4. When did he stop smoking? _____
5. How often does he drink alcohol? _____
6. What advice does the doctor give him? _____

2. Fill in the gaps in these questions with *should* or *shouldn't*.

a. You _____ eat salad more often.
b. You _____ eat so many pizzas.
c. You _____ go to a gym twice a week.
d. You _____ get too stressed at work.
e. You _____ try to lose some weight.
f. You _____ walk to work every day.

LIVEWORKSHEETS