

Write U for uncountable and C for countable next to each noun.

As well as giving us energy \_\_\_\_\_, sugar \_\_\_\_\_ in our diet makes our food \_\_\_\_\_ taste better. Sometimes we add sugar to our breakfast cereals \_\_\_\_\_. Sugar is also used in biscuits \_\_\_\_\_, ice cream \_\_\_\_\_, chocolate \_\_\_\_\_ and many other things \_\_\_\_\_. We eat. It is also in fruit \_\_\_\_\_ and vegetables \_\_\_\_\_ and even in a glass of milk \_\_\_\_\_!