



# Health is Wealth

Answer the questions based on the text.

Alya was rushed to the hospital because she had sharp tummy pains and kept running to the toilet. The doctor examined her and said she had bad food poisoning. He asked her what she had eaten and she mentioned that she had had some noodles from a hawker stall. "Well, that explains it," the doctor said. "There must have been flies on the food or the hawker was not careful when handling the food. We have to be very careful when we eat hawker food."

Alya whispered under her breath that there were some flies and the hawker did not wear gloves. The doctor heard her and was quick to give his advice. "We must always cover our food so flies cannot settle on it. And of course, it is important to wash our hands when handling food," he continued.

Beside giving her some medicine, he advised her to rest and drink a lot of water. He suggested she have a soft diet of soup, porridge or toast for a couple of days. Alya had learnt her lesson. No more hawker food for her unless she was sure it was hygienic.

1. Why was Alya rushed to hospital?
2. What did the doctor say was wrong with her?
3. What caused the food poisoning?
4. What was the treatment the doctor prescribed?
5. What lesson did Alya learn?

