

MODULE 10: BODY AND LIFESTYLE: REVIEW

Exercise 1: Choose the suitable word to complete the following sentences:

- C. if he gave up smoking
- D. if only he doesn't smoke any more.

10. He was driving very fast because he didn't know the road was icy.

- A. If he knew the road was icy, he wouldn't drive so fast.
- B. He hadn't been driving very fast if he would have known the road was icy.
- C. If he had known the road was icy, he wouldn't have been driving so fast.
- D. He wasn't driving very fast if he would know the road was icy.

11. I didn't know that you were at home. I didn't visit you.

- A. If I knew that you were at home, I would visit you.
- B. If I had known that you were at home, I would have visited you.
- C. If I knew that you had been at home, I would have visited you.
- D. If I would know that you were at home, I visited you.

12. If Nam had passed the GCSE examination, he _____ to take the entrance examination to the university.

- A. would have been allowed
- B. would have allowed
- C. will have allowed
- D. would allow

13. If it had not rained last night, the roads in the city _____ so slippery now.

- A. would not be
- B. must not be
- C. could not have been
- D. would not have been

14. She helped us a lot with our project. We couldn't continue without her.

- A. Unless we had her contribution, we could continue with the project.
- B. But for her contribution, we could have continued with the project.
- C. If she hadn't contributed positively, we couldn't have continued with the project.
- D. Provided her contribution wouldn't come, we couldn't continue with the project.

15. What noisy neighbors you've got! If my neighbors _____ as bad as yours, I _____ crazy.

- A. are; will go
- B. were; would go
- C. had been; would have gone
- D. are; would go

Exercise 2: Below are some idioms related to mental and physical health conditions. Match the idioms on the left to their definitions on the right:

| | |
|-----------------------------|--|
| 1. to be run down | A. to be in an excellent state of health and physical condition |
| 2. to be up and about | B. to be very tired and unwell due to overwork |
| 3. to be as fit as a fiddle | C. to possess great physical strength |
| 4. to be as strong as an ox | D. to be well rested, awake, and energised |
| 5. to get back in shape | E. to begin exercising in order to become fit and healthy again. |
| 6. to be full of beans | F. to be sick |
| 7. to be under the weather | G. to be out of bed after having recovered from an illness. |
| 8. to be fresh as a daisy | H. to be active, lively, healthy, and have a lot of energy and enthusiasm. |

Exercise 3: Imagine you are a patient of Dr Vasquez. Listen and tick ✓ the correct statements. Put a cross ✗ next to the incorrect statements.

- a You should take two tablets, twice a day, before meals. The problem should go in a couple of days.
- b You shouldn't drink alcohol, but coffee is OK. You should start eating small portions of food.
- c You need to exercise more often. You shouldn't drink alcohol or milk.

Exercise 4: Listen to Dr Vasquez diagnose three more patients. Complete the chart.

| | Diagnosis | Instructions |
|-----------|----------------------|---|
| Patient 1 | a chest | two tablets a day for days |
| Patient 2 | a mild case of | use an / come back |
| Patient 3 | a very bad | take spoonfuls every hours / don't / come back in |