Nama:_____Tahun:_____

Tarikh :_____

CABARAN RUANG

Selepas pembelajaran ini, murid dapat:

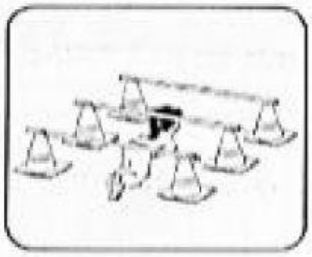
- Menentukan ruang yang selamat dalam aktiviti fizikal.
- Membezakan pergerakan mengikut ruang.

Padankan rajah dengan perlakuan yang betul. SP1.1.1, 2.1.1, 5.1.5

1.

2.

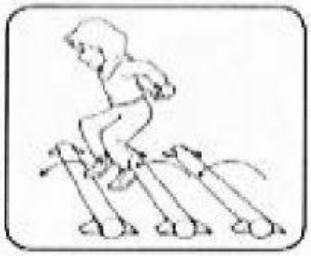
3.

4. 

5.

6.

7.

8. 

Berlari

Berjalan

Melompat

Merangkak

Menyusup

Mengimbang

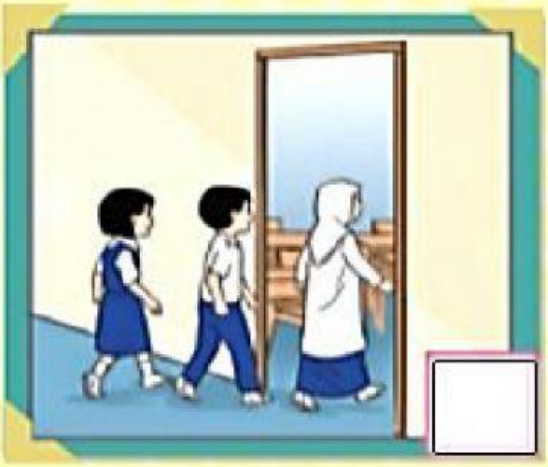
Mendaki tangga

Menggelongsor

LIVEWORKSHEETS

Uji Saya

1. Di ruang manakah kamu senang bergerak? Mengapa?



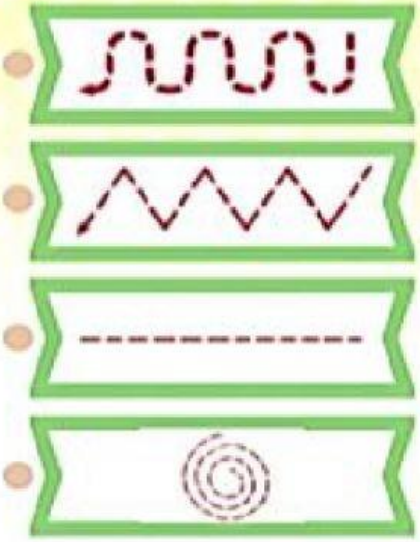
2. Padankan pergerakan.

(a) LURUS

(b) SPIRAL

(c) ZIG-ZAG

(d) BERLENGKOK



LIVEWORKSHEETS