

SECTION 4 Questions 33-41

Questions 33-35

Circle the correct answer

According to the first speaker:

- 33 The focus of the lecture series is on
- | | |
|------------------------------------|------------------------------|
| A organising work and study. | C coping with homesickness. |
| B maintaining a healthy lifestyle. | D settling in at university. |
- 34 The lecture will be given by
- | | |
|-------------------------------|-----------------------|
| A the president of the Union. | C a sports celebrity. |
| B the campus doctor. | D a health expert. |

According to the second speaker:

- 35 This week's lecture is on
- | | |
|----------------|--------------------|
| A campus food. | C sensible eating. |
| B dieting. | D saving money. |

Questions 36-39

Complete the notes. Write **NO MORE THAN THREE WORDS** for each answer.

A balanced diet

A balanced diet will give you enough vitamins for normal daily living.

Vitamins in food can be lost through (36)

Types of vitamins:

(a) Fat soluble vitamins are stored by the body.

(b) Water soluble vitamins - not stored, so you need

a (37)

Getting enough vitamins

Eat (38) of foods.

Buy plenty of vegetables and store them in

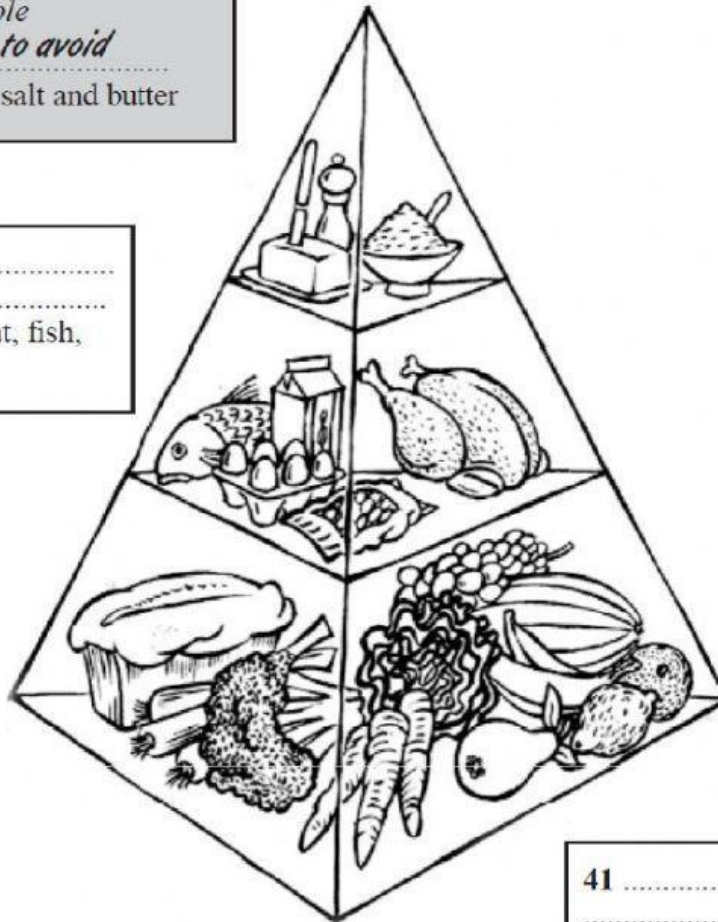
(39)

Questions 40-41

Complete the diagram by writing **NO MORE THAN THREE WORDS** in the boxes provided.

Example
Try to avoid
sugar, salt and butter

40
.....
milk, lean meat, fish,
nuts, eggs



41
.....
bread, vegetables and
fruit

