

MAPEH REVIEW:

A – Choose the letter of the correct answer.

1. These are motor skills that help you in handling objects with your hands, feet, and other parts of the body.

a. Locomotor Skills b. Non-Locomotor c. Manipulative Skills

2. It is a ball handling skill that involves tapping a ball onto the floor using your fingertips.

a. bouncing b. passing c. striking

3. It is bouncing the ball successively using one hand at a time.

a. striking b. bouncing c. kicking

4. It involves receiving the ball.

a. catching b. bouncing c. throwing

5. The ball is pushed into space by the arms toward a target, whether it is a teammate or a goal.

a. throwing b. catching c. dribbling

6. It is hitting an object or game ball sharply with a body part or an implement and try to move the object or ball to another place or to a certain direction.

a. passing b. bouncing c. striking

7. It is a game that strikes a ball.

a. basketball b. baseball c. jumping rope