

MAPEH REVIEW:

A – Choose the letter of the correct answer.

1. These are motor skills that help you in handling objects with your hands, feet, and other parts of the body.

- a. Locomotor Skills      b. Non-Locomotor      c. Manipulative Skills

2. It is a ball handling skill that involves tapping a ball onto the floor using your fingertips.

- a. bouncing      b. passing      c. striking

3. It is bouncing the ball successively using one hand at a time.

- a. striking      b. bouncing      c. kicking

4. It involves receiving the ball.

- a. catching      b. bouncing      c. throwing

5. The ball is pushed into space by the arms toward a target, whether it is a teammates or a goal.

- a. throwing      b. catching      c. dribbling

6. It is hitting an object or game ball sharply with a body part or an implement and try to move the object or ball to another place or to a certain direction.

- a. passing      b. bouncing      c. striking

7. It is a game that strikes a ball.

- a. basketball      b. baseball      c. jumping rope