

SECTION A. LISTENING & VOCABULARY

Exercise 1

Watch the video clip and fill in the blanks with suitable words that you hear.

Whether we head out to the other side of the country or the other side of the world for a few days or several months alone or with a group, there is no doubt about it. Travelling can have a (1) _____ on our lives. Grab your passport and pack your suitcase. Here are 4 (2) _____ of travelling. Frequent travellers seem to have an easier time meeting and relating to people they don't know. Maybe it's because people who travel have a bigger store of (3) _____ to pull from. And therefore can easily find points in common especially with other travellers. It can also be because they've become comfortable approaching people they don't know. Even introverts learn how to ask for help or advice during their trips. When we open ourselves to new cultures, customs, attitudes, foods, religions, we gain perspective about the world around us. Travelling can help us (4) _____ things we have previously taken for granted and prompt us to find ways in which we can improve ourselves and our societies. Travelling affects one's attitudes towards adventure and risk. People who travel get used to trying new things that may seem crazy or scary. They know that these opportunities don't come along often and they could be missing out on something great by opting out. This is a quality that they take home with them and often become more (5) _____ in their daily lives. Last but not least, our top-changing benefit of travel is learning a new language even if the goal of your trip isn't to become proficient in a language by the

end of your travels. You will almost surely feel comfortable doing basic things like asking for directions, (6) _____ and saying hello and goodbye. Also, locals always appreciate when visitors to their country make an effort to speak their language. You'll likely get (7) _____ and have friendlier interactions if you can at least say please and thank you. Who knows your cute, (8) _____ might even win over the hearts of some natives.

