EXAM 2 AMATEUR 4

NAME:

DATE:

VOCABULARY

A. Complete the sentences with the correct word or phrase.

a. stretching
b. weight training
c. jogging
d. cycling
e. rock climbing

____ 17. If you want to get big muscles, you should try _____.

____ 18. That's a nice bike. When did you get interested in _____?

____ 19. I want to start _____ with you in the mornings, but I've been too busy with school lately.

B. Complete the sentences with the correct phrase.

a. keep a work-life balance
b. burn out
c. go offline
d. take a break
e. set realistic goals

____ 20. It's almost lunch time. Are you ready to _____ from all your hard work?

____ 21. You're so busy at work that we never see you any more. It's important to _____ so you have time for all of us.

____ 22. Every day John goes to the gym for 2 hours before and after work. He's going to _____ if he keeps doing that.

LIVEWORKSHEETS